

PROTECTING THE HEARTS OF THE NATION'S ATHLETES

The Institute of Sport Exercise & Health (ISEH) is internationally recognised for our highly specialised assessments of paediatric and adult athletes' cardiovascular health. Our aim is to identify pre-existing cardiac abnormalities and ensure optimal management, thereby reducing the potential for adverse events and loss of life.

Our consultant cardiologists and respiratory physicians are experienced with pre-competition medical assessments, pre-contract medical evaluations, and resolving complex heart and respiratory cases. Together, our clinicians have evaluated over 30,000 athletes.

Available to all sporting teams and organisations, our unique mobile cardiac laboratory can attend any athletic training and sporting venue in the UK.



Our mobile cardiac laboratory offers:

- Resting 12-lead ECG
- Resting and exercise echocardiography
- CPET and exercise stress testing
- Mobile ambulatory ECG monitoring
- Spirometry, FeNO and bronchoprovocation testing
- Immediate medical expert consultation with risk stratification and sporting eligibility recommendations



Canon
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To book our mobile cardiac screening service, please contact:

Tel: **+44 (0)7824 163503**

Email: **Chloe.Davies@hcahealthcare.co.uk**

www.iseh.co.uk

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