

HAND AND WRIST SPECIALIST CLINIC

The Institute of Sport, Exercise and Health (ISEH) was formed as a partnership between UCLH (University College London Hospitals, NHS Foundation Trust), HCA Healthcare UK, UCL, the English Institute of Sport and the British Olympic Association, combining the leading minds in the healthcare, research and education sectors.



EXPERTS IN HAND AND WRIST INJURY

ISEH HAND AND WRIST SPECIALIST CLINIC

The ISEH Hand and Wrist Specialist Clinic provides expert care from our team of leading clinicians, all of whom are specialists in the diagnosis, treatment and research of injuries affecting the hand and wrist. We treat professional sports players, amateur athletes, performing artists and musicians as well as many others from a range of backgrounds.

A broad range of investigations are performed on site in our state-of-the-art facilities with a focus on returning our patients to fitness as soon as possible.

Our multidisciplinary team includes orthopaedic surgeons, sport and exercise medicine physicians, radiologists and physiotherapists and ensures each patient's individual needs are met in order to enhance both short and long-term outcomes. Our approach is based on research and innovation, evidence-based treatment, experience and teamwork.

Our established multimodal pathway leads to an individualised management plan with a clear focus on enhancing patient outcomes.

Areas of expertise include:

- Hand and wrist fractures and soft tissue injuries
- Osteoarthritis and rheumatoid arthritis
- Dupuytren's disease
- Carpal / cubital tunnel syndrome
- Tendon and nerve injuries
- Trigger finger / thumb
- Tennis / golfers elbow
- Hand therapy

To make an appointment at the ISEH Hand and Wrist Specialist Clinic:

Email: info@iseh.co.uk

Tel: **+44 (0)20 3447 2800**

www.iseh.co.uk

 [@TheISEH](https://twitter.com/TheISEH)